



## Your Care Needs You!

Preparing in hospital to manage at home

# Introducing Your Care Needs You! to patients

### Before approaching patients

- Choose the right time for you and the patient – it will take approximately 5 mins
- Have a copy of the booklet and a pen
- Setup the film on a device to show the patient/to leave to watch in their own time

### Introducing it

- Show patients the booklet and explain that it is for them to use now in hospital
- It is needed because going home can be difficult, things might change e.g. medicines
- Being better prepared now can make things easier and safer when getting home
- Use the tabs to demonstrate the booklet pointing out each section and notes page
- Encourage patients to read it with friends/family and to ask staff questions
- Play the film/explain that you will leave a device for them to watch it

### Explaining what patients should do next

- This booklet is for patients to keep with them when moving around the hospital
- They should take it home with them when they are discharged
- It is useful to read through and discuss the booklet with friends/family
- Encourage patients to communicate with staff by asking questions about anything they are unsure of e.g. their health, medicines, keeping moving and getting home
- Ask if there are any questions you can help them with now

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